

Family Resource Centres

Supporting People with ALL
Disabilities across the Province

Contact a Family Resource Coordinator Today

Fort McMurray

FRCfortmcmurray@autismalberta.ca
(825) 409 - 1680

St. Paul

FRCstpaul@autismalberta.ca
(780) 646 - 7310

Medicine Hat

FRCmedicinehat@autismalberta.ca
(587) 554 - 3124

Calgary

FRCcalgary@autismalberta.ca
(825) 407 - 8683

Lethbridge

FRClethbridge@autismalberta.ca
(825) 399 - 0699

Crowsnest Pass

FRCcrowsnest@autismalberta.ca
(403) 564 - 0082

All Alberta

FRCAllAlberta@autismalberta.ca
(403) 747 - 0310

If you are a parent/carer of a child/adult with any developmental disability in Alberta, the Family Resource Centres (FRC) can assist you in the following ways:

- **SUPPORT** to navigate and manage FSCD (Family Support for Children with Disabilities) and PDD (Persons with Developmental Disabilities) programs.
- **GUIDANCE** handling FMS (Family Managed Services) contracts under PDD (e.g. how to find and hire staff, planning yearly goals, managing documentation etc.)
- **WORKSHOPS:** Monthly training and workshops on areas such as Abuse Prevention and Response, Non-Violent Crisis Intervention, Behavioural Supports, Restrictive Procedures, New Diagnosis, Transition to Adulthood, Other funding sources beside FSCD, PDD and AISH etc.
- **COMMUNITY:** Meet other families/peers and find local community resources, support groups and resource listings.

You can contact a Family Resource Coordinator in each of the following Alberta locations to get this free assistance and support for your family.

Acknowledgment