

The Book of



Paddy Power

Hi! My name is Paddy.



I have Autism.

Autism means
different things for
different people.

For me, it means that
sometimes I want
deep pressure.



And other times, I like to
go to a quiet space.



I love to climb!



Sometimes, I will try to
climb up high where it is
not safe. Please remind
me to get down by saying
"Danger Paddy!"

I also love to carry around a noodle or a stretchy straw. These tools feel good in my hands and help me to feel calm.





I am a really active boy!
My favourite activities
include swinging,
climbing and
jumping.



I really love going outdoors! Being outside helps me get my energy out and makes me happy!

This summer I have been
working hard on pedaling
my bike!



I also went to Autism camp. My Mommy came to do music and I sang with her.



I also spent a lot of time swimming and going to playgrounds with my little brother Kelton.



Kelton is going to my school this year! He will be in EEP.



We are very different,
even though we both
have Autism.



For example, I take the bus to school because I am a big boy, but Kelton goes to school with our Daddy, Mr. Power.

I am still learning to talk.
Even though I may not
talk back, please keep
talking to me. I
understand lots of what
you say and I would
still like to be your friend!



I love snack time!



Sometimes, I may try to
take a friend's snack
because it looks so
yummy! Please tell me
"no thank you" if I try to
take your snack.

Please be patient with me
and remember that I am a
really nice boy. I may be
different, but I am lovable
and a kid just like you!





If you have any questions
for my Mommy and
Daddy, they love to talk
about me. They want the
world to know how
special I am!